

Pistachio Oil: روغن پسته

Pistachio nut has a special place from nutritional and economical points of view. Iran is one of the largest pistachio producers and exporters in the world and it can be harvested from central and eastern areas of Iran.

Pistachio oil is an oily liquid extracted from the pistachio nut. It has a deep green color, a characteristic flavor which is very potent and a strong scent that can be extracted with different methods. The most common extraction method is the pressure method. The oil is extracted by pressing in a hydraulic press which is lightly filtered.

Pistachio oil contains high concentration of fatty acids, linoleic acid and vitamin E which have important therapeutic properties, such as reducing triacylglycerols. This oil contains bioactive and health promoting compounds such as tocopherols and phenolic compounds.

pistachio oil is an excellent source of biotin which is helpful in treating hair loss. The presence of high concentration of vitamin E makes this oil relatively safe from rancidity because vitamin E is a powerful antioxidant that helps to enhance the production of white blood cells, which help us to combat various disease. It is also effective for curing eczema and acne.

In addition, this oil contains a healthy balance of omega-3 fatty acids and omega-6 fatty acids which significantly reduces the risk of clogged arteries or stroke.

Pistachio oil has many beneficial effects on health, and can be used for treating different diseases such as diabetes, cancer and MS. The pistachio oil benefits are not limited to only body health. There are extensive benefits to use pistachio oil. It is a valuable product from the gastronomy point of view. It can be used in many ways as a gourmet ingredient in the food industry and also in the cosmetic industry.

Botanical Name: Pistacia vera

INCI Name: Pistacia Vera (Pistachio) Seed Oil

Commercial Name: Pistachio oil

Country of Origin: Iran

Brand Name: Nice Oil

Plant Parts Used: Nuts

Extraction method: Cold press

Quality: 100% Pure and Natural

Storage: Store in full & tight containers in cool place, Protect from light

Description: Cold Pressed, 100% Pure, Unrefined, All natural, Non-GMO, Gluten-Free, Dairy-Free, Soy-Free, Whey-Free, Non Sugar, Non Preservatives, Non Additives or Anything Artificial.

Chemical & Physical Property

Appearance	Clear Liquid
Saponification Value	188 – 195
Refractive Index @ 25 °C	1.460– 1.475
Acid Value	0.9 max

Fatty Acid Profile (%)

Palmitic Acid (C16:0)	8 – 15
Oleic acid (C 18:1) (n-9)	45 – 58
Linoleic acid (C 18:2) (n-6)	27 – 37

Packing Range: 1Kg, 10Kg, 20Kg and 50Kg and 180Kg

Packing type: Plastic drum & Barrel

Benefits: Healthy Skin, Anti-ageing, Natural Moisturizer, Fights Aging, Gives Skin Natural Glow, Maintains Skin Health. It is an excellent source of biotin that helps to treat hair loss by strengthening hair. Pistachio Oil protects and rehabilitates hair fibers, prevents split ends and untangles knots of all hair types. Enriched with Omega 3, 6 and 9 it provides softness, elasticity, gloss and shine to the hair. Pistachio oil contains vitamin K and healthy amounts of biotin. They can help promote hair health and lead to strong hair growth.